

Exclusive Home Delivery

A mail order medication program.

Managing costs

Your prescription drug plan includes the **Exclusive Home Delivery Program**. It's designed to help you better manage the cost of your maintenance prescriptions and your health. Maintenance drugs are those you take on an ongoing basis and are appropriate for a 90-day supply.

How it works

You may fill your medications you take regularly at a retail location for a total of two fills. After the second fill, you must get your maintenance medications through Express Scripts Pharmacy. Your medications will be delivered right to your door.

When it's time to refill

If you have remaining refills available, you can transfer them to Express Scripts Pharmacy. If you do not have remaining refills available, you must obtain a new prescription from your doctor for up to a 90-day supply.

How to get started.

Switch prescriptions to home delivery by:

- Logging in to the **My Highmark app** or the member website at **MyHighmark.com**.
- Click on the **Benefits** tab and then scroll down to the **Insurance Benefits** section and select **Prescription**.
- Next, click on **View prescription benefits**.
- Select **Pharmacy Options** under the **Prescriptions** tab to review medications that are eligible for home delivery.

You may also call Express Scripts Pharmacy at 855-686-9786 for assistance.



Because Life.™



Express Scripts is a separate company that provides certain prescription drugs through mail-order. Express Scripts is an independent company that assists in the administration of your health plan's prescription benefits.

Benefits and/or benefit administration may be provided by or through the following entities, which are independent licensees of the Blue Cross Blue Shield Association:

Western and Northeastern PA: Highmark Inc. d/b/a Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, Highmark Coverage Advantage Inc., Highmark Benefits Group Inc., First Priority Health, First Priority Life or Highmark Senior Health Company. **Your plan may not cover all your health care expenses. Read your plan materials carefully to determine which health care services are covered. For more information, call the number on the back of your member ID card or, if not a member, call 866-459-4418.**

Delaware: Highmark BCBSD Inc. d/b/a Highmark Blue Cross Blue Shield.

Western NY: Highmark Western and Northeastern New York Inc. d/b/a Highmark Blue Cross Blue Shield.

All references to "Highmark" in this document are references to the Highmark company that is providing the member's health benefits or health benefit administration and/or to one or more of its affiliated Blue companies.