# Onduo Diabetes Management

**DAY-TO-DAY SUPPORT TO HELP YOU LIVE YOUR BEST LIFE.**

# Manage type 2 diabetes on your own terms.

**Onduo Diabetes Management is a virtual care program that:**

- Comes with your health plan and helps you manage your care from the comfort of anywhere.*

- Uses a smartphone and the Onduo app to provide access to the virtual health clinic and **a team of care leads** that can answer your questions and guide you through your health journey.

- Gives you a personalized plan with ongoing, coordinated support between visits to your primary care provider.

Type 2 diabetes is manageable — especially when you have the right tools and team in your corner.

Visit **onduo.com/highmark/bcbs** to get started and receive a **free smart blood glucose meter and unlimited test strips**.

**HIGHMARK**

Because Life.™